



## 2026 Swim Team Information

*(Online Booking for swim teams will go live on the dates below)*  
Plympton-Wyoming Residents: **Tuesday May 26, 2025 @ 8:30 AM**  
Non-Residents: **Thursday May 28, 2025 @ 8:30 AM**

**Returning swim team members from last season** must express interest in returning and finalize payment before **5pm on Friday May 22nd** for a guaranteed place on the team. Please **email or schedule a phone or in-person appointment by Friday May 22nd** for your registration and payment to be processed. You will receive a confirmation email by Monday May 25th to verify your spot on the team if your payment has been received. No payment by this date will result in removal from the team, and you will be required to register on the resident or non-resident date.

### **JUNIOR TEAM**

The junior swim team is designed for younger athletes who are just starting their swim team journey. To join, swimmers must be able to swim 25 meters (one pool length) continuously. This team is generally recommended for swimmers aged 7-10, though athletes up to 12 years old may be eligible based on their skill level. Practices will run from June 30th to August 20th and will take place on **Tuesday** and **Thursday** mornings from **8-9am**.

### **SENIOR TEAM**

The senior swim team is geared toward athletes with prior swim team experience. Senior team members must be able to swim 100 meters (four lengths of the pool) without stopping, and should have had basic familiarity with all four competitive strokes: freestyle, backstroke, breaststroke, and butterfly. This team is recommended for swimmers 11-17 years of age. Practices will run from June 29th to August 21st and are held on **Monday, Wednesday** and **Friday** mornings from **8-9am**.

**All members are expected to attend a minimum of two swim meets.**  
**The registration fee covers the cost for 3 swim meets.**

If your child is between 10-13 years of age and you are unsure which team is the best fit, we encourage you to attend our **evaluation day on June 20th from 9am-12pm**.